

Swing (A)	Tier 1	Tier 2
Week 1	Basic Footwork and Rotation	2 Steps Fwd/Back; Step Cross
Week 2	U/A Turn and Return; The Shunt	Basic Lindy Kicks
Week 3	The Swing Out Session!!!	
Week 4	Lindy Circle; Closed Swing Out	Kick-Ups
Week 5	Double Turn Out; DTO to Closed Position	Turn and Stomp, Syncopated Side Step; Turn & Slide
Week 6	Texas Tommy	Reverse Lindy Circle

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)

Swing (A) Routine

Week 1

- Basics (Open)
 - 2 Steps Forward/Back
 - Step Cross
- Close

Week 2

- Under Arm Turn
- Return / Shunt

Week 3

- Swing-Out **OR**
 - Swing-Out Variation

Weeks 4(&2)

- Lindy Circle
 - Kick-Ups
 - Side-by-Side Lindy Kicks

Week 5

- Double Turn-Out **OR**
 - Turn & Stomp/Slide/Sync. Step

Week 6

- Texas Tommy
- Return **OR**
 - Reverse Lindy Circle
 - Side-by-Side Lindy Kicks
 - *RH Turn-Out*