

4Beat (A)	Tier 1	Tier 2
Week 1	Basic Footwork and Lines	Drag Step; The Mooch
Week 2	U/A Turn and Return; Basic Link	Counterbalance Position (CBP) >> Forward Return
Week 3	Open and Closed American Spins	The Lunge
Week 4	LHS/RHS Pull Through (LINES)	Flirt and Slide; Femme Fatale
Week 5	Cuddle & Roll-Out	Roll In; Double Roll
Week 6	Open Turn Out; Reverse Catch	Gate Back and Forth; Exits Variations

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- **OR ...** Tier 2 content replaces the Tier 1 figure
- **/...** Choice of figure(s)

4Beat Blues (A) Routine

Week 1

- Basics (Open)
 - Close (Full/Embrace)
 - Drag Step / Mooch
 - Open

Week 1&2

- Under Arm Turn
- Return **OR**
 - Forward Return

Week 3

- Closed & Open American Spin
 - The Lunge

Week 4

- LHS Pull Through
 - Femme Fatale **OR**
 - Return, Flirt & Slide

Week 5

- Cuddle & Roll-Out
 - Roll-In, Roll-Out **OR**
 - Double Roll
- Return

Week 6

- Close (Relaxed/SbS)
- Open Turn Out & Reverse Catch
 - Gate Back & Forth
- Return