

Kick-Step (B)	Tier 1	Tier 2
Week 1	Basic Footwork	Basic Rotation; Throw Away
Week 2	U/A Turn and Return; Basic Link	Concertinas; Turning Link
Week 3	Open and Closed American Spins	Neck-Breaker
Week 4	Pass BTB; Belly Rub; Back Rub	Pull Around
Week 5	Cuddle & Roll-Out	Drag Walks; Strut Walk
Week 6	Gate; Gate StS	Rotating Gate

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- **OR ...** Tier 2 content replaces the Tier 1 figure
- **/...** Choice of figure(s)

Kick-Step (B) Routine

Week 1

- Basic (Closed)
 - Rotation (Clockwise/Anti-Clockwise)
 - Throw Away

Week 2

- Link OR
 - Turning Link
- Under Arm Turn & Return
 - Concertinas
 - *Return*

Week 3

- Closed & Open American Spin
 - Neckbreaker
- Return

Week 4

- Pass BtB / Belly Rub / Back Rubs
 - Pull Around
- Return

Week 5

- Cuddle & Roll-Out
 - Drag / Strut Walks
- Under Arm Turn & Return

Week 6

- Gate Side to Side OR
 - Rotating Gate
- Open American Spin
- Link