

Rockabilly (C)	Tier 1	Tier 2
Week 1	Basic Footwork and Hand Holds	Elbows; Reverse Catches - Extension
Week 2	Top Turn and American Spin	Rockabilly Rocks; Double Bass
Week 3	LH and RH Figure 8	The Sleaze
Week 4	Double Hand Basic; Cuddle and Roll-Out	The Bird-Cage
Week 5	Gate; Gate StS	Rockabilly Kicks > Turning RKs
Week 6	Spaghetti Pull-Out	Man Under

Notation

- Tier 1 Content
 - Tier 2 Content
 - *Linking figures to basic Tier 1 Routine*
- OR ... Tier 2 content replaces the Tier 1 figure
- /... Choice of figure(s)

Rockabilly (C) Routine

Week 1

- Basics x 2
 - Elbows / Reverse Catches

Week 1&2

- Top Turn & American Spin
 - Rockabilly Rocks / Double Bass

Week 3

- LH Figure 8
 - The Sleaze
 - RH Flick Away

Week 4

- 2H Basic x 2
 - Bird Cage
- Cuddle & Roll-Out
- LH Top Turn & American Spin

Week 5

- Gate Side to Side **OR**
 - Rockabilly Kicks

Week 6

- Crossed Arm Basics x 2
- Spaghetti Pull-Out **OR**
 - Man Under
- American Spin